

## **K-1<sup>st</sup> Boys and Girls(Coed) AYSA Recreation League Rules**

### Ball size and Rim Height

- Ball size is 5 (27.5")
- Rim height will be 7.5 feet

### Jump Balls:

- Game starts with a jump ball, then alternating possessions

### Game Layout:

- Game will consist of (4) six minute periods
- Clock will be continuous
- There will be a 1 minute break between periods. 3 minute half-time.
- Offense will be awarded ball on fouls. No free throws.
- Score will not be kept.
- Try to match player evenly at the beginning of each period.

### Substitutions:

- Substitutions may be made between periods only, unless an injury.

### Defense:

- Defense is strictly Man-to-man
- Players are not allowed to switch anywhere on the court. Double teaming is not allowed.
- No PRESS
- No ZONE DEFENSE
- Wrist bands will be used to remind players and referees who is guarding who.

### Overtime:

- No overtime

### Player/coach/Parent Conduct:

- There will be no arguing with the referee's calls
- Any disagreements should be handled in a calm and courteous manner by the Head Coach
- Any player, parent or coach that gets out of line will be subject to suspension for that game.
- The second offense will cause suspension for the rest of the season

### Referees/Coaches:

- One instructional referee will be provided for each game.
- Once coach from each team is allowed on the court during game to assist their team.
- Coaches may go anywhere on court but must remain OUT of painted lane area of court.