

4th - 5th BOYS AND GRILS AYSA RECREATION LEAGUE RULES

Ball Size and Rim Height:

- Ball Size is 6 (28.5)
- Rim Height will be 10 feet.

Jump Balls:

- Game starts with a jump ball, then alternating possessions
- Overtime starts with a jump ball, then alternating possessions

Game Layout:

- Game will consist of (4) eight minute quarters unless double headers are being played, then the game will consist of (4) six minute quarters.
- Clock will be continuous until the last two minutes of each half.
- There will be a 1 minute break between quarters and a 3 minute break for half time
- Players will shoot free throws on a shooting foul, and one and one after 7 team fouls. Double bonus after the 10th team foul.
- Individual fouls will be kept. Player will foul out after 5 personal fouls.

Substitutions:

- Substitutions may be made on a dead ball only or injury only.
- Players MUST check in at the scorer's table.
- Each player will play at least half of the game, unless unable to do so due to injury.

Defense:

- Zone or Man to Man Defense is allowed.
- Press allowed in the last two minutes of each half.

Time Outs:

- (2) one minute time outs and one thirty second time out per half.
- (1) one minute time out for overtime.

Overtime:

- Overtime will consist of a three minute clock. Clock will stop on free throws.
- If a third overtime is needed, first team to score wins.

Player/Coach/Parent Conduct:

- There will be no arguing with the referees calls
- Any disagreements should be handled in a calm and courteous manner by the Head Coach.
- Any player, parent or coach that gets out of line will be subject to suspension for that game.
- The second offense will cause suspension for the rest of the season

Referees/Coaches:

- Referees will be provided by AYSA.
- No referee shall officiate a game in any league he/she participates in as a head coach or assistant coach in the same league; or has a child that participates in the same league.